



Boston Rowing Club

Boston Junior Sculling Head

Saturday 8th November 2025

Competitors Race Instructions

(v1.0 - 261025)

Event location: Boston Rowing Club, Carlton Road, Boston, PE21 8LL

Race Committee Phil Latka (Chair), Robert Parker, Bruce Margetts

It is the responsibility of all competitors to study these instructions together with the Course Map and the Start & Finish Area Circulation document within the Boston Junior Sculling Head Safety Plan 2025.

The Circulation Plan and Course Maps are reproduced below

Safety Plan is on the Junior Sculling Head page of Boston Rowing Club website.

Parking

There is ample space for car and trailer parking in the grounds of the Boathouse. However, please take instructions from Boston Rowing Club Stewards to ensure all vehicles are parked in a safe way to make best use of the available parking and trailer areas.

The parking is on a grass field – if you are not prepared to park on the field, please park in town and walk to The Boathouse. The parking around the streets of the Rowing Club is to provide parking for residents only.

Trailers won't be able to park in the main Club car park only on the grass in front and the football field behind

Competitor Briefing

There will be a briefing for competitors at 11am, this is compulsory.

Marshals Briefing

There will be a marshals briefing at 11:15

Registration

Numbers will be available for collection immediately after the Competitor briefing.

Refreshments

Tea, Coffee and Hot Food are all available in the Boathouse throughout the day.

Boating

- Boating is in race order – the first boat to start is the first boat onto the water.

Boating at 11.30 – 12.40

- Boating for each division will be called in numerical blocks i.e. 1-10, 11-20 etc.
- Please be ready to boat when called.
- Please ensure that you have your blades near the staging area before taking your boat. Numbers will be on the bank for blades to be placed in race number order
- You will be issued with a numbered peg when you collect your number, the peg will be attached to your shoes to help return your shoes when you finish. Please bring the peg with you for boating.
- Clear the staging's as quickly as possible. Because of the numbers please 'sort your feet' on the water not on the stagings
- Whilst in the boating area you are under the control of the Umpires & Marshals in that area and are required to follow their instructions.
- Crews may require wellingtons for boating depending upon the water level. Sliders are advised.

Pre Race Circulation

- To facilitate crews remaining warm there will be a circulation pattern between the start and Langrick Bridge, see map below. There will be marshals managing the circulation and they will instruct competitors into number order when the last boat has cleared the 49 k marker
- The last 50 boats, from 150 upwards should keep tight to the bowside/ north bank / opposite side to the Clubhouse from the 49k marker to the start, there will be plenty of opportunity to get in number order when in the circulation area

The Start

- Racing begins at 13:00

- Crews will start at 30 second intervals until the last boat has passed the start, thereafter at 20 seconds.
- There will be a 2 minute break between each age group and 5 minutes between open and women.

During the race

- The best racing line is down the middle, in the first 2 k keep to bowside as crews may be progressing to circulation area
- You must give way to overtaking crews and keep to starboard (bowside). Crews being overtaken should move to the starboard bank and allow the overtaking crew to pass them on their portside.
- Be aware of the bend at Antons Gowt – the only real bend on the course. Do not take a course too close to the inside of the bend due to the depth of the water and the reed bed.
- Just downstream of Anton’s Gowt is a metal jetty on the starboard side. This is usually marked with buoy. Beware! Additional buoys will be sited to highlight this hazard.

The finish

- The finish will be clearly marked and a bell will sound as you cross the finish line.
- Once over the finish line do not stop, but move on as quickly as possible to allow room for boats still finishing steering to port, watching out for boats returning to the staging as you carry on downstream.
- Do not attempt to turn until you are past the buoy positioned in the center of the river just beyond the landing staging.
- When returning to the boating stages please keep to the boathouse side of the river. Follow any instructions that may be given to you by the Marshals while you are in this area.
- Please clear the stages as quickly as possible.

Results and Prize Giving

Provisional results are usually available Live at the Boathouse. The presentation of prizes will commence as soon as possible after the completion of racing.

The final results will be posted on the club website- www.bostonrowingclub.co.uk

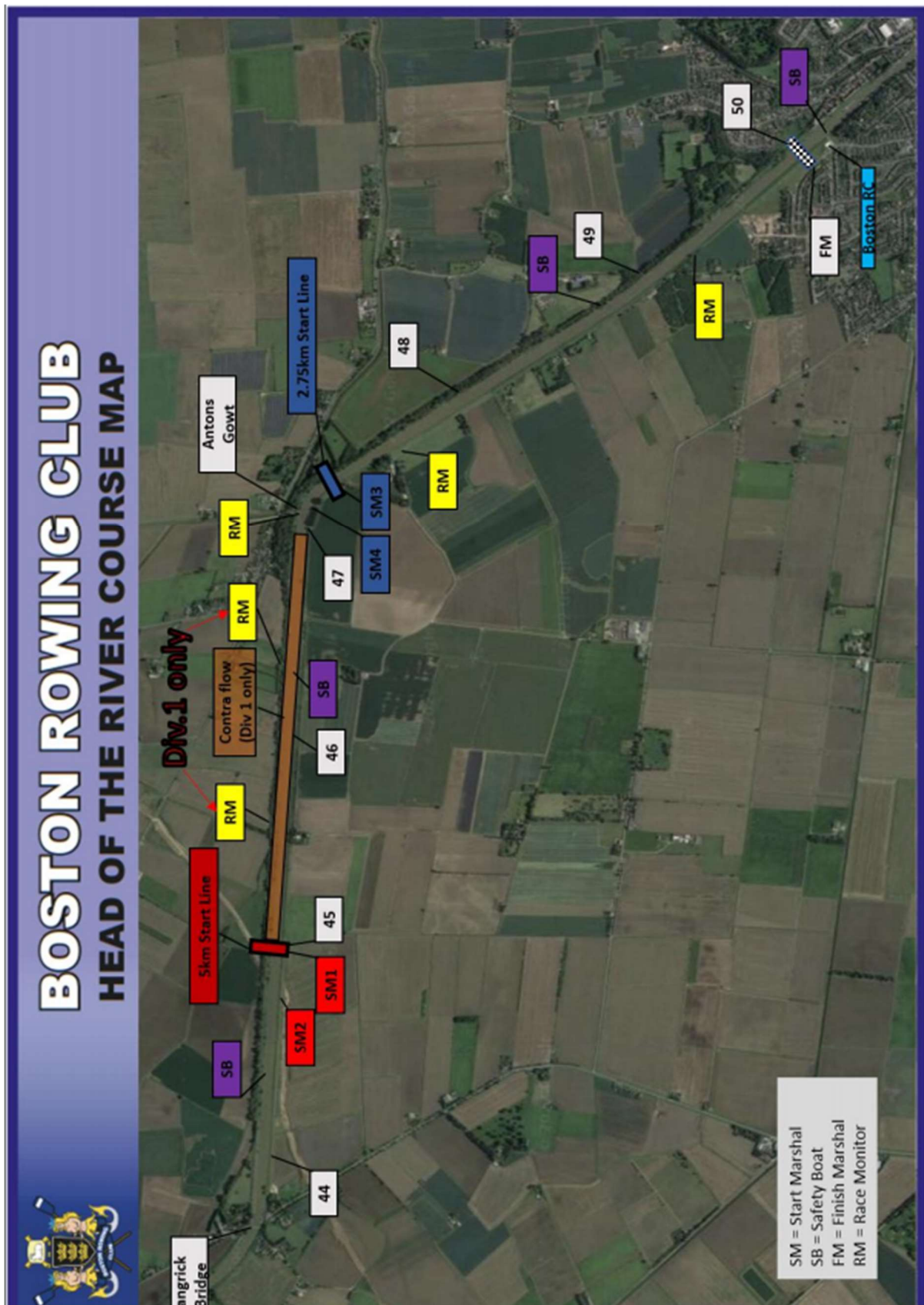
General Information / Rules & Local Rules

- The race is run under British Rowing Rules of Racing and it is a condition of participation that all crews accept and abide by the rules and safety arrangements.

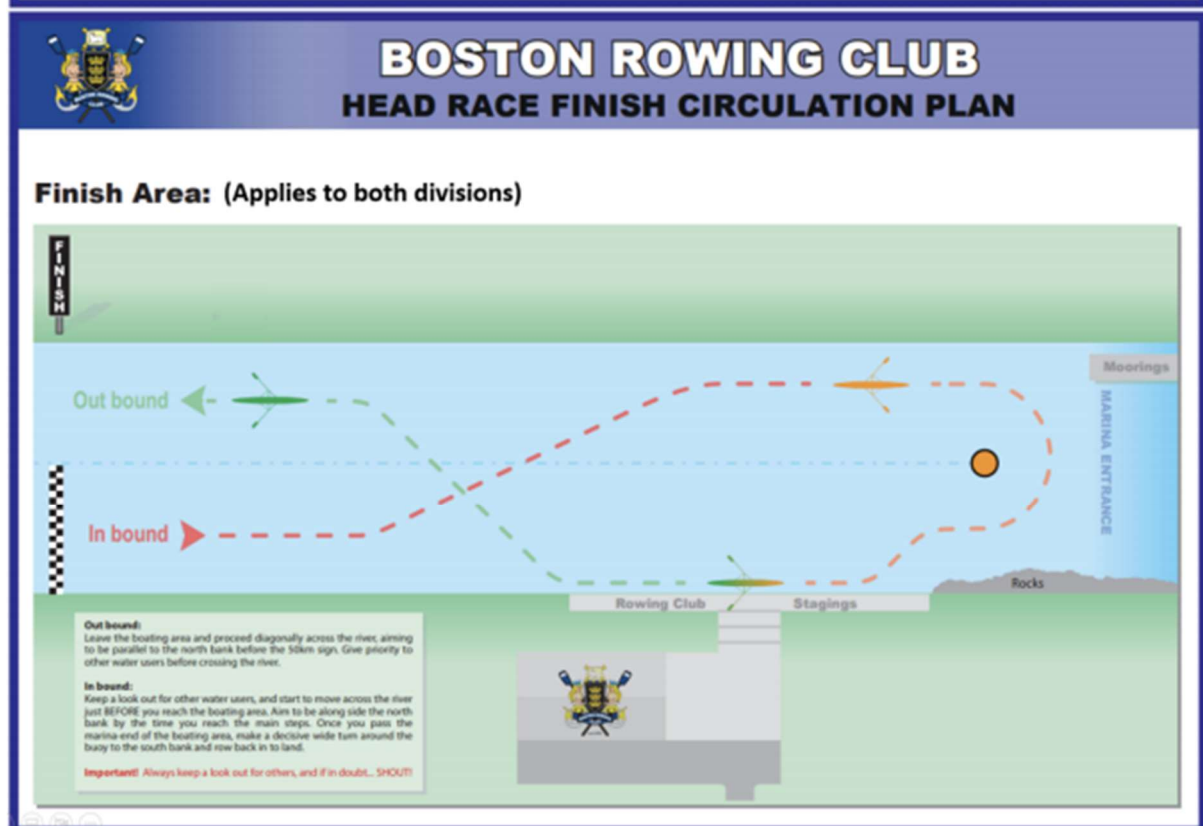
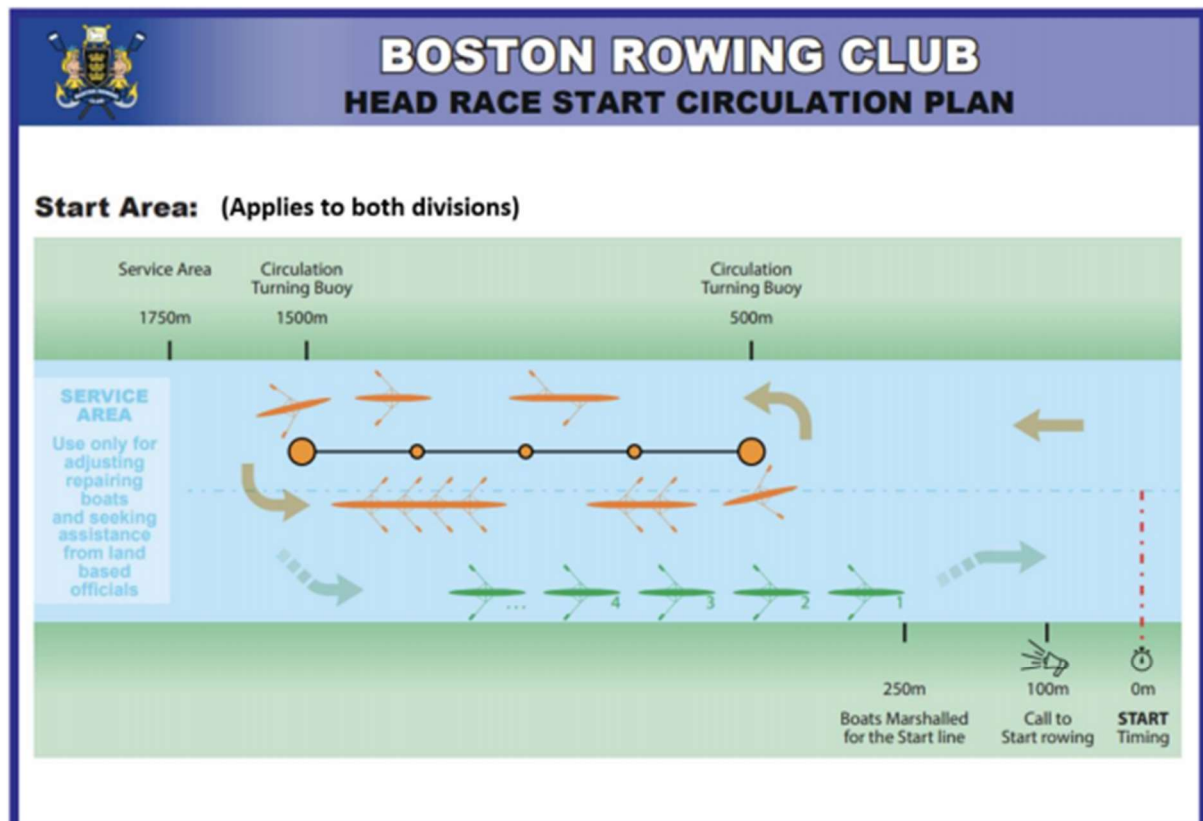
- The Committee reserves the right to cancel the event if they consider it would be too dangerous to proceed.
- All competitors British Rowing membership cards may be checked.
- You must ensure your boat complies with the British Rowing Rules of Racing guidance - inspection may take place and you may be refused permission to launch your boat.
- Bow Numbers will be issued at after Competitors Briefing. Boats are required to have suitable fittings to display Bow numbers so they can be clearly visible to Race Marshals. Failure to suitably display your number may result in no time being registered.
- You must give way to overtaking crews and keep to starboard (the Cox's right / bowside). Crews being overtaken should move to the starboard bank and allow the overtaking crew to pass them on their portside.
- The River Witham is a Canals and River Trust controlled navigation. Competing clubs who normally row on non-CRT water are asked to ensure that they have the appropriate licenses.
- Crews may be instructed to withdraw by Marshals if it is decided by the Safety Advisor or Race Committee that continuing may inhibit the safety of other competitors or the smooth running of the event.
- Crews must ensure they are wearing sufficient clothing for the prevailing weather conditions.
- Racing Kit: The rules on kit are the same for Head races and regattas (rule 7-2-5 still applies). This means you must wear the racing strip of the club you are listed as racing for on the draw. There is no limit to what you wear underneath your racing kit (please be warm).

THANK YOU, AND WE HOPE YOU ENJOY THE DAY

Map of the Course (with Race Monitor positions)



Circulation Patterns



Finish Area Site Plan and Circulation Pattern



Plan of the river (static hazards)

